



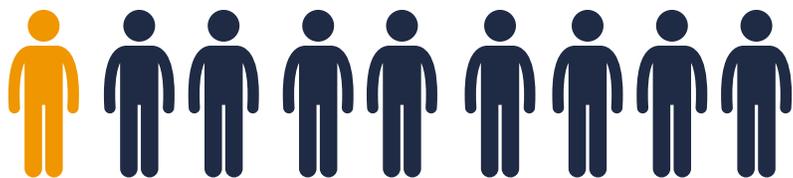
YOU ARE KEY TO SUPPORTING NEIGHBORS IN NEED

HOW YOUR FAITH COMMUNITY CAN SUPPORT KEYSTONE AND YOUR COMMUNITY

We are grateful for the generous ways you support Keystone, making it possible for us to provide food and assistance to more than 40,000 people in our community. For more than 80 years, Keystone has provided hope, stability and support to people in our community thanks to the generosity of our community.

FOOD INSECURITY HAS INCREASED IN OUR COMMUNITY

The pandemic, high unemployment rates, and long-term affordable housing issues are wreaking havoc on families in MN, particularly low-income people and people of color. Food insecurity was a critical issue before the pandemic. But the COVID-19 crisis has only exacerbated the hunger crisis, especially for low-income people in our community.



1 in 9 Minnesotans face hunger today.

It was 1 in 11 in 2019.

Food shelves are a critical resource and are needed as our community recovers from the economic impact of the pandemic.

HOW YOU CAN HELP:

Collect Food Donations

Our most needed items are:

- Low-sugar Cereal
- Dry/Bagged Beans
- Rice
- Canned Meat/Proteins
- Flour and Sugar
- Cooking Oil
- Soups/Stews
- Boxed Dinners
- Canned vegetables

Contribute cash gifts:

Cash contributions give us the flexibility to resource our food shelf programs as needed. *Did you know that \$100 = 500 lbs. of food?*

Promote Volunteerism:

We need volunteers in our food shelf programs. All volunteering is done in safe, socially distanced ways. More information can be found online at: keystoneservices.org/volunteer

Ways Keystone can help support your faith community:

- Provide food donation bins or pick up donations
- Make a custom donation link for your church to make it easier for people to give online
- Speak at an event you are hosting
- Create a video update for you to share with your community

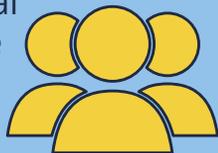
RESOURCES AND INFORMATION YOU CAN SHARE WITH YOUR COMMUNITY ABOUT HUNGER

Keystone Information & Impact:



Keystone is the largest provider of food shelf services in the East Metro within an ecosystem of other hunger relief partners.

In 2020, Keystone provided vital food shelf and crisis assistance support for nearly 13,000 low-income households in St. Paul and suburban Ramsey County.



In 2020, Keystone provided the equivalent of almost 180,000 free bags of groceries to our community.

Keystone's Foodmobile "food shelf on wheels" stops at 30+ high-demand locations in Ramsey County each month, with plans for expansion in 2022.



About Keystone Program Participants

98% of the people we work with are low-income

75% are people from communities of color

35% people engaged at Keystone are youth

12% of Keystone participants are over the age of 65

MN Hunger Stats

Gathered by Hunger Solutions MN

- Minnesota food shelf visits were **up 7%** in 2020.
- Last year, Minnesotans made **3,831,293** food shelf visits
- 2020 marked the **10th consecutive year** with over 3 million food shelf visits
- **Seniors (adults 65 and older)** are the fastest growing group of food shelf users
- From 2019 to 2020, the number of food shelf visits made by seniors **rose 31.2%**



This summer, my family utilized Keystone's drive thru food service after my husband lost his job. Learning about Keystone was a lifeline for us, and it was comforting to know that my two young children would have food to eat. The volunteers and staff were so helpful and welcoming, and treated us with dignity and respect. - ~Deb



Thank you for all the ways you support our community!

Please contact us anytime!



Keystone Community Services

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